



Stroud Valley Community School

Dear Parents and carers,

As a part of your child's education at Stroud Valley, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, strategies and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the next 8 weeks, starting 26th April your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. RSE lessons in this unit will be covering the following objectives (insert objectives from Kapow overviews):

- Understand the reasons for legal age restrictions.
- Understand how quickly information can spread on the internet and some of the risks associated with that.
- Assess and give first aid to a casualty who is having difficulty breathing due to an asthma attack.
- Understand the difference between private and public, and secrets and surprises.
- Understand how search engines work and whether information is useful.
- Understand the changes they have already gone through and aware of some changes to come.
- Understand that they will change physically as they develop into adults.
- Understand some of the risks of smoking and some of the benefits of being a non-smoker.

To support the teaching, we will be using the following vocabulary:

- Age restriction, asthma, breasts, genitals, law, penis, private, protect, puberty and public, testicles/testes and tobacco.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

If you have any questions, please speak with us.

Yours sincerely,

Mrs Barrett and Mrs Jowers