

Relationships and Sex Education

We use the RSE primary scheme of work which is written by the Gloucestershire Healthy Living and Learning team.

This document outlines the objectives that each class will cover during the year.

Our RSE policy is available to view through our website.

If you would like any further information or clarification about the content of the RSE curriculum, please call the school office and we will arrange for the appropriate member of staff to contact you.

Year One and Year Two children will be taught about:

Life Cycles

- to understand what a cycle is
- to understand that changes happen constantly as we grow
- to understand the life cycles of humans and animals
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The Human Life Cycle

- to understand the different stages of the human life cycle
- to understand that humans, like other animals change over time

Changes

- to consider ways, they have changed physically since they were born
- to consider physical changes that will take place as they move from childhood to adult hood

Where Babies Come From

- to understand that all living things originate from other living things
- to understand that humans produce babies that grow into children and then into adults

Being Unique

- to value their own body and recognise its capabilities and uniqueness
- to recognise that people are similar in some ways and different in others

Similarities and Differences

- to recognise the main external parts of the bodies of humans including agreed names for reproductive organs

Personal Hygiene

- to learn basic information about how the body works and ways of looking after it
- to know how to keep themselves clean