

Relationships and Sex Education

We use the RSE primary scheme of work which is written by the Gloucestershire Healthy Living and Learning team.

This document outlines the objectives that each class will cover during the year.

Our RSE policy is available to view through our website.

If you would like any further information or clarification about the content of the RSE curriculum, please call the school office and we will arrange for the appropriate member of staff to contact you.

Year Five and Year Six children will be taught about:

Relationships

- to consider the need for trust and love in marriage and established relationships
- to consider different types of love

Personal Hygiene

Keeping Clean

- to consider new aspects of personal hygiene relevant to puberty

Changes

Physical

- to know and understand the physical changes that take place during puberty and why they happen.
- to understand the functions of male and female reproductive organs
- to know and understand about the physical changes that take place at puberty and why they happen

Emotional

- to understand that emotional as well as physical changes happen at different rates for different people.
- to be able to recognise their own changing emotions and be able to express their feelings and concerns positively

Life Cycle

- to know about the facts of the human life cycle including sexual intercourse

Birth and a New Baby

- to understand how babies are born
- to explore the impact a new baby has on a family

Genetic Inheritance

- to understand genetic inheritance