

## **Relationships and Sex Education**

We use the RSE primary scheme of work which is written by the Gloucestershire Healthy Living and Learning team.

This document outlines the objectives that each class will cover during the year.

Our RSE policy is available to view through our website.

If you would like any further information or clarification about the content of the RSE curriculum, please call the school office and we will arrange for the appropriate member of staff to contact you.

### **Year Three and Year Four children will be taught about:**

#### **Similarities and Differences**

##### **Reproductive organs**

- to recognise the main organs of the bodies of humans, including scientific names for the reproductive organs
- to identify the differences between men and women

##### **Types of Love**

- to understand that there are different types of love

##### **Challenging Stereotypes**

- to challenge gender based stereotypes

#### **Personal Hygiene**

##### **Handwashing**

- to understand how infection can spread
- to understand how to prevent the spread of infection through good personal hygiene practices

##### **Infection**

- to understand that our bodies have three main lines of natural defence
- to understand that sometimes the body need help to fight infection

##### **Antibiotics**

- to understand that the most common infections get better on their own through time, bed rest, intake of fluids and healthy living
- to understand that antibiotics should only be taken as prescribed

#### **Changes**

##### **Life cycles**

- to understand some of the physical changes that will happen as humans get older.

##### **Responsibilities**

- to consider their responsibilities and levels of independence now
- to understand that these have changed as they have grown and that they will continue to change in the future